



# HAPPY Birthday

## Staff Birthday's

Jose Cruz Ramirez 2/12  
Desiree Hammons 2/17  
Joyce McCord 2/28  
Jayce Tucker 2/5  
Dawn Wagoner 2/16  
Staci Williams 2/28

## Resident Birthday's

Charles Judge 2/7  
Ruth Liter 2/12  
Keller "KT" Willoughby  
2/20  
Lorene Pitman 2/21  
Phyllis Means 2/22  
Raymond Willoughby 2/22

### New hires:

\*To be Announced in  
March Bugle.\*

### **Bourbon Heights, Inc.**

2000 S. Main Street  
Paris, KY 40361  
859 987-5750

**Bourbon Heights, Inc.** is an independent, non-profit, multi-level facility, including independent apartments and adult day health center, with personal care, short term rehabilitation, outpatient rehabilitation, long term care, and respite care.

Features of the facility include: In-house beauty salon, free Wi-Fi, cable television, limited access security doors, personalized care, laundry services, daily activities, weekly chapel services and more.

# The Bugle

2000 Main St. Paris, KY 40361

(859)987-5750

## FEBRUARY 2023

A monthly publication of Bourbon Heights Nursing Home, Inc. for the benefit of residents, their families, the staff and the community.

### **EMPLOYEE OF THE MONTH: SHAYLA WOOD**

Shayla has been employed at BHI since July of 2014. She loves each and every resident here, taking the time to listen to their interesting stories and hearing their jokes. She says, she knows someone will make her crack a smile every shift.

Shayla also drives a school bus for Bourbon County and is enrolled at Maysville to earn her second associates degree. In her free time, she enjoys watching documentaries, being outdoors and she's an avid book collector. She finds fun in gardening, camping, hiking, kayaking and hunting.

Shayla is described as a delight to work with. She's amazing at what she does and you can tell how much the residents mean to her. She always goes above and beyond!

**Congratulations Shayla!**



### **I HAVE JUST SAID... By Mary Oliver**

I have just said  
Something  
Ridiculous to you  
And in response,  
Your glorious laughter.  
These are the days  
The sun  
Is swimming back  
To the east  
And the light on the water  
Glams  
As never, it seems, before.  
I can't remember  
Every spring,  
I can't remember  
Everything-  
So many years!  
Are the morning kisses  
The sweetest  
Or the evenings  
Or the inbetweens?  
All I know  
Is that "thank you" should appear  
Somewhere.  
So, just in case  
I can't find  
The perfect place-  
"Thank you, thank you."

Sun

Mon

Tue

Wed

Thu

Fri

Sat

february

1  
9:45 Daily Chronicles  
10:00 Clark Gable-AR  
10:30 Guitar Music-RV  
2:00 Art Therapy-AR

2  
9:45 Daily Chronicles  
10:00 Football Toss- AR  
2:00 Groundhog Hunt-HW  
2:45 Groundhog Hunt Celebration-AR

3  
9:45 Daily Chronicles  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Bingo-AR

4  
9:45 Daily Chronicles  
10:00 Uno-AR  
1:00Cupid Floats-AR  
2:00 Cupid Cart-RV

5  
9:45 Daily Chronicles  
10:00Table Ball-AR  
1:00Movie-AR  
1:30 Popcorn-AR

6  
9:45 Daily Chronicles  
10:00 Resident Council-AR  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Pretty Nails-AR

7  
10:30 A&B Music Ministries-CH  
11:00 Service with Rex Graham-CH  
2:00 Silver Sneakers Boom-AR

8  
9:45 Daily Chronicles  
10:00 1st Presbyterian Communion-CH  
10:30 Guitar Music-RV  
2:00 Men’s Poker-AR  
7:00 Music with Travis Cook-AR

9  
9:45 Daily Chronicles  
10:00 New Providence Baptist Service-CH  
2:00 Pizza Party-AR  
2:30 Pizza Facts & Trivia-AR

10  
9:45 Daily Chronicles  
9:30-Walmart Outing  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00Bingo-AR

11  
9:45 Daily Chronicles  
10:00 Kick Ball-AR  
1:00 Sweet Treat Cart-RV

12  
9:45 Daily Chronicles  
10:00 Face Painting-AR  
1:00 Super Bowl Party-AR  
4:00 Watch Super Bowl-I

13  
9:45 Daily Chronicles  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Hot Chocolate Cart-RV  
5:00 Valentines Dinner-AR  
6:00 Valentines Dinner-GDR

14  
10:30 Music with Mary & Denver-CH  
11:00 Service with Johnathan Graves-CH  
2:00 Valentines Day Party-AR  
3:30 Country Friends Valentines Card Passing-RV

15  
9:45 Daily Chronicles  
10:00 Stoner Creek Shakedown-AR  
10:30 Guitar Music-RV  
2:00 Valentine's Puppy Chow-AR  
7:00 Annunciation Youth Bingo-AR

16  
9:45 Daily Chronicles  
10:00 Bowling-AR  
2:00 Birthday Bash-AR  
2:45 Birthday Gift Giving-AR  
7:00 From the Heart Singers-CH

17  
9:45 Daily Chronicles  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Bingo-AR

18  
9:45 Daily Chronicles  
10:00Cornhole-AR  
2:00 Music with Trudy Rose-AR

19  
9:45 Daily Chronicles  
10:00Uno-AR  
1:00 Hot Chocolate Cart-AR

20  
9:45 Daily Chronicles  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Mardi Gras Mask Making-AR

21  
10:30 Music with Mark Murphy-CH  
11:00 Service with Billy Singleton-CH  
1:00 Fat Tuesday Parade-HW  
2:00 Mardi Gras Party-AR (Wear the Mask You Made)

22  
9:45 Daily Chronicles  
10:00 Volleyball with JAC-AR  
10:30 Guitar Music-RV  
2:00 Drum Beats-AR

23  
9:45 Daily Chronicles  
10:45 Rise & Shine with Aegis Therapies-AR  
2:00 Pretty Nails-AR

24  
9:45 Daily Chronicles  
10:00 Culture, Food and Jeopardy with Kacey!-AR  
2:00 Walmart Outing

25  
9:45 Daily Chronicles  
10:00 Old Maid-AR  
2:00 Church of the Latter Day Saints Missionaries Bible Study-AR

26  
9:45 Daily Chronicles  
10:00Table Ball-AR1  
1:00 Ice Cream Sandwich Cart-RV  
4:00 High St. Church of Christ Service-AR

27  
9:45 Daily Chronicles  
10:00 Luna Visits-RV  
10:00 “I Have a Dream...”  
2:00Table Hockey-AR

28  
10:30 Music with 7th St Church-CH  
11:00 Service with 7th St. Church-CH  
2:00 Silver Sneakers Yoga-AR

Activities, times and locations may be changed or canceled without notice, only when necessary.

Location Code:  
RV-Room Visits  
AR-activity Room  
CH-Chapel  
HW- Hallway  
GDR-Garden Dining Room  
I-Independent

If you are interested in attending an outing, please let activities know beforehand. Spots are available at a first come first serve basis.