



New hires:

Lillian Fisher Dietary
Kinsley Davis Dietary
Tracy Densford Receptionist
Brittany Ellinger SRNA
Mea Brinker SRNA
Tameshia Fields DON
Kenneth Rose Janitor

HAPPY
Birthday

Staff Birthday's

Kaitlin Howard 5/8
Darlene Poynter 5/13
Grace Back 5/14
Tamara Sturgeon 5/14

Resident Birthday's

Merrill Means 5/17
Clarence "Lee" Sullivan 5/21
Sandra Chumbley 5/31

Bourbon Heights, Inc.

2000 S. Main Street
Paris, KY 40361
859 987-5750

Bourbon Heights, Inc. is an independent, non-profit, multi-level facility, including independent apartments and adult day health center, with personal care, short term rehabilitation, outpatient rehabilitation, long term care, and respite care.

Features of the facility include: In-house beauty salon, free Wi-Fi, cable television, limited access security doors, personalized care, laundry services, daily activities, weekly chapel services and more.

The Bugle

2000 Main St. Paris, KY 40361

(859)987-5750

MAY 2023

A monthly publication of Bourbon Heights Nursing Home, Inc. for the benefit of residents, their families, the staff and the community.

Employee Of The Month— Jaylan Sidney

Jaylan has been apart of our Bourbon Heights family since he was a junior in high school. During that time, he was juggling work, school & football. He is currently on year 3 working as a dietary aide. What Jaylan loves most about working here is enjoying the residents company & talking with them. Outside of work, Jaylan enjoys hanging out with his friends. His co-workers describe him as dependable, polite, hard working & a man of few words! Jaylan is the voice behind the scenes, calling the carts over the intercom & double checking to make sure everything is correct on all meal carts.



Congratulations Jaylan!



NATIONAL SKILLED NURSING CARE WEEK
MAY 14-20, 2023



nsncw.org | [#NSNCW](https://twitter.com/NSNCW)

This year's NSNCW theme—Cultivating Kindness—is inspired by the many acts of kindness that happen in skilled nursing care centers every day. Research has found that practicing compassion and kindness not only can improve health and well-being but can also strengthen human connections and bonds. Staff, residents, families, and members of the local community are

encouraged to come together to participate in activities that cultivate and spread kindness during this special week, which begins on Mother's Day, May 14th through May 20th, 2023!

We have lots of fun events planned beginning with a tractor show on Saturday May13, 2023 from 10a-2p, spa day, macaw birds, games, and socials and much more! For a full list of activities, view May calendar on inside of bugle.



Sun Mon Tue Wed Thu Fri Sat

<p>Location Code: AR-Activity Room CH-Chapel</p>	<p>1 10:00 Resident Council-AR 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Painting Project-AR Afternoon Mail & Chat</p>	<p>2 10:30A&B Music Ministries- CH 11:00 Service with Nancy Jo Kemper 2:00 Painting Project-AR Afternoon Mail & Chat</p>	<p>3 9:45 Voting in Activity Room for those who requested Absentee Ballots 10:30 Guitar Music-RV 2:00 Painting Project-AR Afternoon Mail & Chat</p>	<p>4 10:00 Derby Hat Making-AR 2:00 Quarter Bingo with Lynnwood Homemakers-AR Afternoon Mail & Chat</p>	<p>5 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Cinco De Mayo Celebration-AR Afternoon Mail & Chat</p>	<p>6 10:00 Horseshoes-AR 2:00 Horse Racing-AR 3:30 Horse Draw (Winner Wins) Afternoon Mail & Chat</p>
<p>7 10:00 Table Ball-AR 2:00 Frozen Hot Chocolate-AR 3:20 Frozen Hot Chocolate-RV</p>	<p>8 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Cupcakes in CY Afternoon Mail & Chat</p>	<p>9 10:45 Music with the Pochodzays'-CH 11:00 Service with Chrisanthia Carr-Seals-CH 2:00 Ocean Water Cart-RV Afternoon Mail & Chat</p>	<p>10 10:00 1st Presbyterian Communion-CH 10:30 Guitar Music-RV 2:00 Outdoor Walk-RV Afternoon Mail & Chat</p>	<p>11 10:00 New Providence Baptist Chapel-CH 2:00 CY Sip & Chat Afternoon Mail & Chat</p>	<p>12 2:00 Bingo-AR 3:00 Paris Story Telling Festival-AR Afternoon Mail & Chat</p>	<p>13 10-2 Family Day Tractor Show- Side Yard ***All residents must have escort.***</p>
<p>14 <u>MOM ATTIRE</u> 9:30-11:00- Muffins with Mom! Happy Mothers Day!</p>	<p>15 <u>PJ DAY</u> 10:00 Kindness Visit from St. Mary's-RV 2-4 Staff & Resident Spa Day-AR</p>	<p>16 <u>FLORAL DAY</u> 10:45 Music with Mark Murphy & Jean Patton-CH 11:00 Service with Krista Hampton-CH 2:00 Staff Appreciation project-AR Afternoon Mail & Chat</p>	<p>17 <u>WESTERN DAY</u> 10:00 Search for the Wanted 2:00 The Macaw Whisperer- AR Afternoon Mail & Chat 7:00 Harrison Co Boot Stompers-AR</p>	<p>18 DRESS LIKE GAME 10:00-11:00 Games with PHS 2:00 Staff & Residents Ice Cream Social- Outdoors (RESIDENTS MUST HAVE ESCORT) Afternoon Mail & Chat</p>	<p><u>19 INSPIRATIONAL SHIRT DAY</u> 10:00 Penny Auction-AR 2:00 Employee Recognition-AR Afternoon Mail & Chat</p>	<p>20 <u>SUNDAY BEST</u> 2:00 Music with Trudy Rose-AR Afternoon Mail & Chat 6:00 Resident Memorial Service-CH</p>
<p>21 10:00 Noodle Ball-AR 2:00 Vanilla Pudding Afternoon Chat</p>	<p>22 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Popcorn Cart-RV Afternoon Mail & Chat</p>	<p>23 10:30 Music with Sue Ellen-CH 11:00 Service with Sue Ellen-CH 2:00 Luna Visits-RV Afternoon Mail & Chat</p>	<p>24 10:00 Bagel Cart-RV 2:00 Pretty Nails-AR 10:30 Guitar Music-RV 7:00 Game Night with 1st Christian Youth Group-AR</p>	<p>25 10:00 Bowling-AR 2:00 Golf Cart Rides-RV 7:00 From the Heart Singers-CH</p>	<p>26 9:30 Walmart Outing 10:45 Rise & Shine with Aegis Therapies-AR 2:00 Bingo-AR Afternoon Mail & Chat</p>	<p>27 10:00 Kickball-AR 2:00 Celebrating Grape Popsicle Day-AR 3:15 Celebrating Grape Popsicle Day-RV</p>
<p>28 10:30 Table Ball-AR 2:00 Ice Cream Cart-RV 4:00 High St. Church of Christ-AR</p>	<p>29 Independent Activities. Boredom Packets Available upon Request!</p>	<p>30 10:45 Music with Millersburg Methodious Church-CH 11:00 Service with Millersburg Methodious Church-CH 2:00 Drum Beats-AR Afternoon Mail & Chat</p>	<p>31 10:00 Uno-AR 10:30 Guitar Music-RV 2:00 Cornhole in CY Afternoon Mail & Chat</p>	<p>Activities, times and locations may be changed or canceled, without notice, only when necessary.</p>		